

# December Stress Management

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Stress Essentials Calm

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\* Offer expires 12/31/25. Restrictions may apply. Cannot be combined with any other offer, discount, or special pricing.

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# Daily support for healthy stress management



## Stress Essentials Calm

With 2025 in the rearview and a brand-new year on the horizon, our stress has a tendency to compound and overwhelm. During times of transition, trust in our favorite stress-busting tool: Stress Essentials Calm. This potent daily supplement is formulated with L-theanine (patented Suntheanine®) and gamma-aminobutyric acid (GABA). These two ingredients act as natural calming agents by increasing levels of GABA in the brain, which in turn decreases excitability and encourages relaxation. With Stress Essentials Calm, give yourself the gift of proper rest, relaxation, and tranquility.

### Key benefits:



**Call or go online to order today!**  
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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.