



NutriDyn®

Cardio Essentials Red Yeast Rice

Support for Healthy Blood Lipids
and Cardiovascular Health*

PRACTITIONER EXCLUSIVE

Cardio Essentials Red Yeast Rice Supplementation

Cardio Essentials Red Yeast Rice contains a potent strain of red yeast rice called *Monascus purpureus* that supports cardiovascular function and healthy blood lipids.*

Supplementation with Cardio Essentials Red Yeast Rice may benefit users in a variety of ways.* The most relevant research-backed benefits derived from supplementation with Cardio Essentials Red Yeast Rice include:

- Supports cardiovascular function*
- Supports healthy blood lipid profiles*
- Provides antioxidant support in the body*

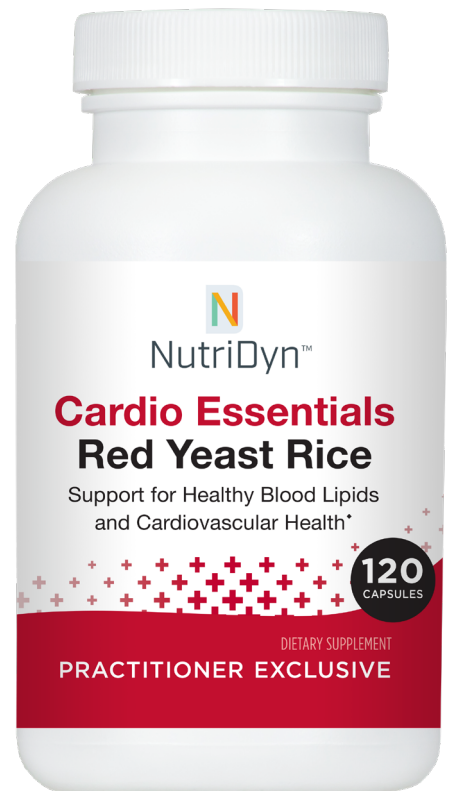
How Cardio Essentials Red Yeast Rice Works

In traditional Chinese medicine, red yeast rice is used to promote healthy blood lipids, circulation, and digestive function.* Cardio Essentials Red Yeast Rice harnesses the power *Monascus purpureus* seeds, which contain a variety of therapeutic compounds.*⁴

Read on to learn more about *Monascus purpureus* and how it works in the body to support overall cardiovascular health.*

When blood lipids are chronically elevated, the risk of cardiovascular complications increases significantly.^{1,2} Clinical trials suggest that *Monascus purpureus* is an effective supplement for positively supporting blood lipid balance and cardiovascular health.*³

A large body of evidence suggests *Monascus purpureus* produces a number of chemicals in the body which act to promote healthy blood lipid levels.*^{5,6,7} Furthermore, red yeast rice appears to have antioxidant roles in the body, which can support cardiovascular function.*⁸



For more information, visit: www.nutridyn.com

Why Use Cardio Essentials Red Yeast Rice?

Research cited herein suggests that the *Monascus purpureus* found in Cardio Essentials Red Yeast Rice promotes overall cardiovascular health with a specific focus on healthy blood lipids already in the normal range.*

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 120

Ingredients:	Amount	%DV*
Red Yeast Rice (seed; <i>Monascus purpureus</i>)	600 mg	*

Other Ingredients: Hypromellose, vegetable magnesium stearate, silica.

Directions: Take one capsule before each meal as a dietary supplement, or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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- Venero, C. V., Venero, J. V., Wortham, D. C., & Thompson, P. D. (2010). Lipid-lowering efficacy of red yeast rice in a population intolerant to statins. *The American journal of cardiology*, 105(5), 664-666.
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PRODUCED IN A cGMP FACILITY NON-GMO GLUTEN-FREE DAIRY-FREE VEGETARIAN

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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